

PRACTICE PLAN

DATE: Sept. 13

GOALS

Technique

- different vibrato variations
- smooth slow bows

Tchaikovsky Violin Concerto

- get up to tempo
- phrasings in 1st mov.
- try different musical ideas in 1st mov. cadenza

MORNING SESSION

9:00 AM - 10:00 AM - Technique/warm up

- slow bows w/ metronome on 60bpm
- vibrato exercises
- D \flat + scale, arpeggios, doublestops

10:00 AM - 11:00 AM - Etudes

- Schradiek Book 1, Exercise VIII
- Ševčík Op. 1 Book 1, Exercise 24

11:15 AM - 12:00 PM - Tchaik. Concerto, 1st mov.

- Intro = work on phrasing
- vibrato!
- cadenza = intonation
- mm. 63-66 & 247-250 = left hand articulation

AFTERNOON SESSION

3:30 PM - 4:30 PM - warm up, Tchaik. 1st mov.

- ending = build tempo
- play through first 4 pages

5:00 PM - 5:30 PM - Bach Partita 2, I and II

- play through

WHAT WENT WELL & WHAT DIDN'T

Went well:

- improved left hand articulation in the Tchaik and explored new phrasing ideas

Didn't:

- time management!!
- spent too much time on technique & warm up
- briefly distracted by my phone while looking for recordings of Tchaik

NEXT TIME I WILL...

- plan more time for technique
- start 2nd mov. of Tchaik